



This Week In Athletics

Luke 9:23

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Jul. 29	Jul. 30	Jul. 31	Aug. 1	Aug. 2	Aug. 3	Aug. 4
Special Events		Senior Athlete Dinner & Pictures 5:30pm at the gym					The Lord's Day A day of worship and rest!
Volleyball	Practice 5:00pm-6:30pm	Practice 4:00pm-5:30pm Parent Meeting 5:30pm	Practice 4:00pm-5:30pm	Practice 5:00pm-6:30pm	Practice 5:00pm-6:30pm		
Volleyball Game Locations							
Cross Country	Practice 6:00p-7:30pm at Shadow Lake	Self Workout	Self Workout	Practice 6:00p-7:30pm at Shadow Lake	Self Workout	Practice 8:00a-10:00a at Shadow Lake	
Cross Country Meet Locations							
Football	Practice 3:30pm-6:30pm	Practice 3:30pm-6:30pm Parent Meeting 6:30pm	Practice 3:30pm-5:15pm	Practice 3:30pm-6:30pm	Practice 3:30pm-6:30pm		
Football Game Locations							
Cheer	Practice 3:00pm-5:00pm			Practice 3:00pm-5:00pm			
Youth Cross Country	Youth cross country will begin practice during the second week of school - more information to come						
Youth Cross Country Meet Locations							